

# Lunch Menu

## Week 1

w/c: 3/11, 24/11, 15/12, 19/1, 9/2, 9/3 30/3

### MONDAY

#### New Style Homemade Margherita Pizza

Served with  
Baked Potato Wedges &  
Coleslaw

### TUESDAY

#### Pork Sausage and Mash

Served with  
Carrots & Optional Gravy

### WEDNESDAY

#### Roast Chicken Thigh

Served with Crispy Roasties,  
Broccoli & Optional Gravy

### THURSDAY

#### Macaroni Cheese with a Crispy Crumb Topping

Served with  
Green Beans

### FRIDAY

#### Golden Fish Fingers

Served with Chips &  
Baked Beans

#### Chickpea Curry

Served with  
Wholegrain Rice & Peas

#### Veg Sausage and Mash

Served with  
Carrots & Optional Gravy

#### Crispy Cheese & Lentil Bake

Served with Crispy Roasties,  
Broccoli & Optional Gravy

#### Vegetable Chow Mein

Served with  
Egg Noodles & Green Beans

#### Jacket Potato

Served with Cheese  
or Baked Beans

#### Penne Pasta with Nut free Spinach and Basil Pesto



#### Penne Pasta with Homemade Tomato Sauce

#### Penne Pasta with Homemade Tomato Sauce



#### Penne Pasta with Homemade Tomato Sauce

#### Penne Pasta with Homemade Tomato Sauce



#### Vanilla Sprinkle Sponge

#### Jelly & Fruit Slices

#### Fruit Salad

#### Chocolate & Apple Cookie

#### Shortbread

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



Added  
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's  
Choice



Extra  
Protein Power



Good for  
your gut

# Lunch Menu

Week 2



w/c: 10/11, 1/12, 5/1, 26/1, 23/2,16/3

|                                                                                                                                                                                                                                                                                                                                 |                                                                                    |                                                                                                                                                                                                                                                                                                                            |                                                                                               |                                                                                                                                                                                                                                                                                                                            |
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| <b>MONDAY</b><br>Homemade<br><b>Margherita Pizza</b><br>Served with Baked Potato<br>Wedges and Coleslaw                                                                                                                                                                                                                         | <b>TUESDAY</b><br><b>Chicken Tikka Masala</b><br>Served with<br>Rice & Green Beans | <b>WEDNESDAY</b><br><b>Roast Chicken Thigh</b><br>Served with<br>Crispy Roasties, Carrots,<br>Sweetcorn & Optional Gravy                                                                                                                                                                                                   | <b>THURSDAY</b><br><b>Chicken Burger in a Bun</b><br>Served with<br>Potato Wedges & Sweetcorn | <b>FRIDAY</b><br><b>Golden Fish Fingers</b><br>(Salmon Or Pollock)<br>Served With<br>Chips & Baked Beans                                                                                                                                                                                                                   |
|  <b>Jacket Potato</b><br>Served with Tuna Mayonnaise                                                                                                                                                                                            | <b>Vegetable &amp; Bean Chilli</b><br>Served with<br>Rice & Green Beans            | <b>Cauliflower Cheese</b><br>Served with Crispy Roasties,<br>Carrots, Sweetcorn &<br>Optional Gravy                                                                                                                                                                                                                        | <b>Vegetarian Burger</b><br>Served with<br>Potato Wedges & Sweetcorn                          | <b>Jacket Potato</b><br>Served with Cheese<br>or Baked Beans                                                                                                                                                                            |
| <b>Penne Pasta with Nut<br/>free Spinach and Basil<br/>Pesto</b><br>   | <b>Penne Pasta with<br/>Homemade Tomato<br/>Sauce</b>                              | <b>Penne Pasta with<br/>Homemade Tomato<br/>Sauce</b><br>   | <b>Penne Pasta with<br/>Homemade Tomato<br/>Sauce</b>                                         | <b>Penne Pasta with<br/>Homemade Tomato<br/>Sauce</b><br>   |
| <b>Apple Crumble<br/>Cake</b>                                                                                                                                                                                                                                                                                                   | <b>Watermelon Sticks</b>                                                           | <b>Chocolate &amp; Beetroot<br/>Brownie</b>                                                                                                                                                                                                                                                                                | <b>Jelly &amp; Fruit Slices</b>                                                               | <b>Oatie Cookie</b>                                                                                                                                                                                                                                                                                                        |

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Icon  
Key



Added  
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's  
Choice



Extra  
Protein Power



Good for  
your gut



# Lunch Menu

Week 3

w/c: 17/11, 8/12, 12/1, 2/2, 2/3, 23/3

## MONDAY

**Homemade Margherita Pizza**  
Served with Baked Potato Wedges & Coleslaw

## TUESDAY

**Chicken Korma**  
Served with Wholegrain Rice & Broccoli

## WEDNESDAY

**Roast Chicken Thigh**  
Served with Crispy Roasties, Cabbage, Green Beans & Optional Gravy

## THURSDAY

**Katsu Chicken Nuggets**  
Served with Wholegrain Rice & Broccoli

## FRIDAY

**Golden Fish Fingers**  
Served with Chips & Baked Beans



**Tarka Dhal curry**  
Served with Wholegrain Rice & Peas

**Vegetable Korma**  
Served with Wholegrain Rice & Broccoli

**Cheesy Root Veg Crumble**  
Served With Crispy Roasties, Cabbage, Green Beans & Optional Gravy

**Jacket Potato**  
Served with Tuna Mayonnaise

**Sweet Potato, Leek & Cheese Quiche**  
Served with Chips & Baked Beans



**Penne Pasta with Nut free Spinach and Basil Pesto**

**Penne Pasta with Homemade Tomato Sauce**

**Penne Pasta with Homemade Tomato Sauce**

**Penne Pasta with Homemade Tomato Sauce**

**Penne Pasta with Homemade Tomato Sauce**



**Chocolate & Vanilla Marble Cake & Custard**

**Fruit Bowls**

**Vanilla Ice Cream Cup**

**Fruit Bowls**

**Vanilla Cookies**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut