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### Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Mexican Chicken Wraps Chicken & Rice served with Mixed Salad and Rice - KS1 - Stir food	Y Whe									Y					
Mexican Chicken Wraps Chicken & Rice served with Mixed Salad and Rice - KS2 - Stir food	Y Whe									Y					
ENCHILADAS Served with Wholegrain Rice & Mixed Salad - Stir - KS1 - Stir Food	Y Whe														
ENCHILADAS Served with Wholegrain Rice & Mixed Salad - Stir - KS2 - Stir Food	Y Whe														
Apple Sponge Cake STIR - KS1 - Stir Food	Y Whe								Y	M					
Apple Sponge Cake STIR - KS2 - Stir Food	Y Whe								Y	M					
Margherita Pizza Served with Garlic & Herb Wedges and Coleslaw - KS1 - Stir Food	Y Whe							Y	Y	Y					

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Margherita Pizza Served with Garlic & Herb Wedges and Coleslaw KS2 - Stir Food	Y Whe							Y	Y	Y					
Homemade Pizza al a Pesto Served with Baked Potato Wedges and Coleslaw or Peas - KS1 - Stir food	Y Whe							Y	Y	Y					
Homemade Pizza al a Pesto Served with Baked Potato Wedges and Coleslaw or Peas - KS2 - Stir food	Y Whe							Y	Y	Y					
Jelly & Fruit - KS1 - Stir Food															
Jelly & Fruit - KS2 - Stir Food															
ROAST CHICKEN Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS1 - Stir Food															
ROAST CHICKEN Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS2 - Stir Food															
Crispy Cheese & Lentil Bake Served With Crispy Roasties, Carrots, Sweetcorn & Gravy - KS1 - Stir Food	Y Whe Bar									Y					
Crispy Cheese & Lentil Bake Served With Crispy Roasties, Carrots, Sweetcorn & Gravy - KS2 - Stir Food	Y Whe Bar									Y					
Carrot & Cinnamon Cookies - KS1 - Stir	Y Whe Bar Oat								Y	M					
Carrot & Cinnamon Cookies - Sec- Stir	Y Whe Bar Oat								Y	M					
Swedish Meatballs Served with Creamy Mash & Green Beans - KS1 - Stir Food	Y Whe Bar							Y		Y					
Swedish Meatballs Served with Creamy Mash & Green Beans - KS2 - Stir Food	Y Whe Bar							Y		Y					

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Vegeterian Swedish Meatballs Served with Creamy Mash & Green Beans - KS1 - Stir Food	Y Whe Bar							Y		Y					
Vegetarian Swedish Meatballs Served with Creamy Mash & Green Beans - KS2 - Stir Food	Y Whe Bar							Y		Y					
Fruit Salad Portion - STIR - KS1 - Stir Food															
Fruit Salad Portion - STIR - KS2 - Stir Food															
GOLDEN FISH FINGERS Served with Chips & Baked Beans - STIR - KS1 - Stir Food	Y Whe			Y											
GOLDEN FISH FINGERS Served with Chips & Baked Beans - STIR - KS2 - Stir Food	Y Whe			Y											
Vegetable Fingers, Chips & Beans - STIR - KS1 - Stir Food	Y Whe														
Vegetable Fingers, Chips & Beans - STIR - KS2 - Stir Food	Y Whe														
Marble shortbread biscuits - KS1 - Stir Food	Y Whe														
Marble shortbread biscuits - KS2 - Stir Food	Y Whe														
Jackets 40's & Assorted Toppings - STIR - KS1 - Stir Food										Y					
Jackets 40's & Assorted Toppings - STIR - KS2 - Stir Food										Y					
Penne Pasta with Nut free Spinach and Basil Pesto - KS1 - Stir Food	Y Whe									Y					

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Penne Pasta with Nut free Spinach and Basil Pesto - KS2 - Stir Food	Y Whe									Y					
PENNE PASTA WITH TOMATO SAUCE - STIR - KS1 - Stir Food	Y Whe Bar														
PENNE PASTA WITH TOMATO SAUCE - STIR - KS2 - Stir Food	Y Whe Bar														
Cranberry Cous Cous Salad - December - Stir Food	Y Whe							M				M			
Easy Cucumber Primary Salad Bar - Sept - Stir food														Y	
Lemony Broccoli & Potato Salad - April - Stir - Stir Food															
New potato & Green bean Salad - June - Stir - Stir Food															
Pineapple Primary salad Bar - March - Stir Food															
Radish & Potato Salad - July - Primary - Stir food														Y	
Roast Pumpkin and Lentil Salad - October - Stir - Stir Food	M Whe Bar														
Roasted Cauliflower Salad - November - Stir - Stir Food															
Roasted Parsnip & Lentil Salad - February - Stir Food	M Whe Bar														
Simple Carrot & Raisin Salad - May - Stir Food	M Whe Rye Bar Oat														
Vegan Potato Salad - January - Stir Food															
Sweet & Sour Pork with Noodles & Green cabbage - KS1 - Stir Food	Y Whe							Y	Y						

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Sweet & Sour Pork with Noodles & Green cabbage - KS2 - Stir Food	Y Whe							Y	Y						
Chow Mein Noodles Served with Coconut Green Cabbage - KS1 - Stir Food	Y Whe							Y	Y						
Chow Mein Noodles Served with Coconut Green Cabbage - KS2 - Stir Food	Y Whe							Y	Y						
*New* Sprinkle Sponge Cake - Stir Food	Y Whe Bar								Y	Y					
*New* Sprinkle Sponge Cake KS2 - Stir Food	Y Whe Bar								Y	Y					
Homemade Veggie Delight Pizza Served With Baked Potato Wedges and Coleslaw or Salad - STIR - KS1 - Stir Food	Y Whe							Y	Y	Y					
Homemade Veggie Delight Pizza Baked Potato Wedges and Coleslaw or Salad- STIR - KS2 - Stir Food	Y Whe							Y	Y	Y					
Watermelon Wedge - KS1 - Stir Food															
Watermelon Wedge - KS2 - Stir Food															
COTTAGE PIE 3 served with Green Cabbage and Peas - STIR - KS1 - Stir Food	M Whe Bar														
COTTAGE PIE 3 served with Green Cabbage and Peas - STIR - KS2 - Stir Food	M Whe Bar														
SHEPARDLESS PIE TOPPED WITH MASH Served with Green cabbage, Peas & Gravy KS1 - Stir Food	M Whe Bar														
SHEPARDLESS PIE TOPPED WITH MASH Served with Green cabbage, Peas & Gravy - STIR - KS2 - Stir Food	M Whe Bar														

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Chocolate Rice Crispy Cake - KS1 - Stir Food	Y Bar														
Chocolate Rice Crispy Cake - KS2 - Stir Food	Y Bar														
Butter Chicken & Vegetable Pilau - Stir KS1 - Stir Food										Y					
Butter Chicken & Vegetable Pilau - Stir KS2 - Stir Food										Y					
Eat Curious Tikka Masala Wholegrain Rice & Broccoli - Stir - KS1 - Stir Food										Y					
Eat Curious Tikka Masala Wholegrain Rice & Broccoli - Stir - KS2 - Stir Food										Y					
GOLDEN FISH FINGERS (Salmon or Pollock) Served with Chips & Garden Peas - STIR - KS1 - Stir Food	Y Whe			Y											
GOLDEN FISH FINGERS (Salmon or Pollock) Served with Chips & Garden Peas - STIR - KS2 - Stir Food	Y Whe			Y											
Cheese & Red Onion Quiche Served with Chips & Baked Beans KS1 - Stir Food	Y Whe								Y	Y					
Cheese & Red Onion Quiche Served with Chips & Baked Beans KS2 - Stir Food	Y Whe								Y	Y					
Apple Flapjack PRI - Stir - Stir Food	Y Whe Bar Oat														
Apple Flapjack KS2 - Stir - Stir Food	Y Whe Bar Oat														

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Brazilian Coconut Chicken Curry Served with Wholegrain Rice & Sweetcorn - KS1 - Stir Food	M Whe Rye Bar Oat													Y	
Brazilian Coconut Chicken Curry Served with Wholegrain Rice & Sweetcorn - KS2 - Stir Food	M Whe Rye Bar Oat													Y	
Sweet Potato & Chickpea Balti Served With Wholegrain Rice and Green beans KS1- Stir - Stir Food															
Sweet Potato & Chickpea Balti Served With Wholegrain Rice and Green beans KS2 - Stir - Stir Food															
Jammy Crumble Bars KS1 - Stir Food	Y Whe Bar														
Jammy Crumble Bars KS2 - Stir Food	Y Whe Bar														
Beef & Bean Smashburger Served with Wedges & Baked Beans KS1 - Stir food. -	Y Whe												M		
Beef & Bean Smashburger Served with Wedges & Baked Beans KS2 - Stir food	Y Whe												M		
Cheese & Tomato Turnover Served with Wedges & Baked Beans KS1 - Stir Food	Y Whe Bar									Y					
Cheese & Tomato Turnover Served with Wedges & Baked Beans KS2 - Stir Food	Y Whe Bar									Y					
Roasted Gammon Served with Crispy Roasties, Broccoli & Gravy - KS1 - Stir - Stir Food															
Roast Gammon Served with Crispy Roasties, Broccoli & Gravy - KS2 - Stir - Stir Food															

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Cheesy Root Veg Crumble Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS2 - Stir Food	Y Whe Bar Oat									Y					
Cheesy Root Veg Crumble Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS1 - Stir Food	Y Whe Bar Oat									Y					
Ice Cream Tub - KS1&2 - Stir Food.										Y					
Crunchy Topped Macaroni Cheese, Green Beans- Stir - KS1 - Stir Food	Y Whe									Y		Y			
Crunchy Topped Macaroni Cheese, Green beans- KS2 - Stir Food	Y Whe									Y		Y			
Vegetable & Bean Chilli Served with Steamed Rice & Green Beans - KS1 - Stir food										Y					
Vegetable & Bean Chilli Served with Steamed Rice & Green Beans - KS2 - Stir food										Y					
Roasted Vegetable Pitta Pockets Served with Chips & Baked Beans - STIR - KS1 - Stir Food	Y Whe									Y					
Roasted Vegetable Pitta Pockets Served with Chips & Baked Beans - STIR - KS2 - Stir Food	Y Whe									Y					
Rainbow Shortbread Biscuits - KS1 - Stir Food	Y Whe														
Rainbow Shortbread Biscuits - KS2 - Stir Food	Y Whe														

\* Allergens marked with 'M' may contain that allergen.

■ Yes    ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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