THE BLUE SCHOOL
CHURCH OF ENGLAND

# All About Me

Helping us plan a happy, safe and successful school experience.

Photograph of your child
(optional)

Thank you for taking the time to complete this form. The information you share will help us get to know your child, understand their individual strengths and needs, and plan how best to support them in school. You know your child better than anyone, so your views are really important to us. They will help us work closely with you to ensure your child feels safe, understood and settled.

| | |
|---|---|
| **Child's name** | |
| **Completed by** | |
| **Relationship to child** | |
| **Date completed** | |
| **Best way for school to contact you** | |

What you would like us to know

Please share what matters most to your child and what you would like us to understand.

## Your child at their best

What brings your child the most joy and helps them feel connected to another person?

What are your child's strongest skills, qualities and interests?

What would you most like your child to experience, enjoy or achieve at school?

## Communication and understanding

How does your child currently communicate what they want, need, like or dislike?

Please share any sounds, gestures, signs, pictures, objects or words that have a particular meaning for your child:

What spoken language does your child understand, and what helps them understand best?

How long does your child usually need to process what has been said, and what should an adult do if they are unsure what your child is communicating?

## Relationships, play and sharing space

How does your child show that they want someone to join them, play alongside them or give them space?

What kinds of interaction with other children currently work well, and when does sharing toys, attention or physical space become difficult?

## Your child's sensory world

Which sensory experiences does your child find difficult, and how do they show that these are becoming too much?

Which sensory experiences help your child feel calm, organised or happy, and is there anything adults should introduce slowly or avoid?

## Feelings, regulation and behaviour

What are the earliest signs that your child is becoming worried, frustrated, overwhelmed or tired?

When your child is overwhelmed or frustrated, what might adults see, and what usually happens immediately beforehand?
Please include any physical actions such as pushing, kicking, hitting, throwing, climbing, moving away or hurting themselves. This helps us understand what they may be communicating and plan safe, compassionate support.

What helps your child feel safe and return to calm, and which adult responses tend to make things harder?

## Routines, change and transitions

How does your child respond when an activity ends or a plan changes, and what helps them move from one place or activity to another?
For example, a countdown, object of reference, photograph, visual timetable, song, now and next language or time to finish.

## Personal care, eating and independence

Please describe your child's current toileting routine and how they show that they need changing or the toilet:
Please include whether they use nappies, pull ups or the toilet, the words you use and anything that helps them feel comfortable and dignified.

What can your child do independently, and what support do they need with dressing, washing hands, eating, drinking or using cutlery?

Please tell us about any food preferences, allergies, dietary requirements or routines at mealtimes:

## Safety and supervision

How aware is your child of everyday dangers such as heights, doors, unfamiliar adults, heavy/hot objects or water?

Does your child ever move away quickly, hide, climb or try to leave a space? If so, please give details.

## Health and professional support

Please share any current health needs, allergies, medication or medical guidance, together with any professionals, appointments or assessments we should know about:

Are there strategies, targets or resources from home, Nursery, Preschool, a previous school or another professional that you would like us to continue?

## Feeling settled at The Blue School

How does your child usually manage separation, and what would help their classroom, teacher and daily routine feel familiar and safe?

What is the best way for home and school to share brief updates?

Is there anything else you would like us to understand about your child?

Thank you

Your answers will help us work closely with you to understand and support your child. As we get to know them, we will continue to listen carefully to your views, notice what helps them feel safe and settled in school, and adapt our approach together.